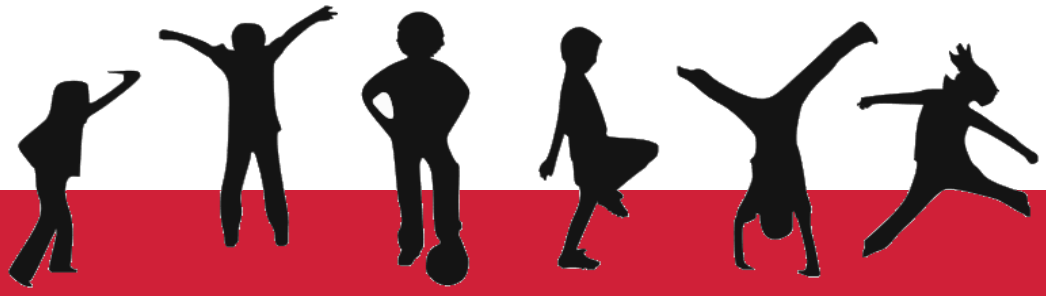

FITNESS WARRIORS IS BACK!

- **Registration is open. Sign up HERE!**
- **Cost is $35 and you can pay through My School Bucks.**
- **Class starts October 28th and ends January 21st.**
- **Fitness Warriors will meet twice a week on Wednesday and Thursday mornings virtually from 8:30 a.m.-9:00 a.m.**
- **Everyone who signs up will receive a Fitness Warriors shirt!**

Fitness Warriors was started in 2009 by the PTA and Mr. Clancy and developed to get children moving in the morning. Studies have shown morning exercise benefits children greatly!

If you have any questions, please email Shane Clancy:
msclancy@fcps.edu